

WHAT TO CONSIDER BEFORE MOVING IN WITH ADULT CHILDREN

- 1 The impact on your mental and physical health** - Disclose expectations and set boundaries. Attending mediation may be helpful. Consider any potential health and safety hazards around the home.
- 2 The level of care that you need** - See how your adult child is willing and able to assist in looking after you. Be honest and don't downplay your needs. You may find that you have to consider other caretaking options.
- 3 Peers and community** - Find local social opportunities with other people your age. These may be through local groups, community centres, or religious affiliations.
- 4 Money and assets** - Begin the arrangement with a clear, amicable conversation about how finances in the household will be covered. Make all agreements in writing.
- 5 Pets** - Many aged care facilities are not pet-friendly. Ensure that your child's home will be accommodating for your pet, too. If you need extra help in looking after the pet, communicate any caretaking needs.



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