

TYPES OF ELDER ABUSE

IT'S OK TO ASK FOR HELP

Elder abuse is a single or repeated action, or lack thereof, occurring within a trusted relationship and causes harm to an older person.



FINANCIAL

Someone is stealing, using your money without permission, forcing you to make financial decisions, or making them for you.

PHYSICAL

Someone is intentionally hurting or inflicting harm upon you. Physical abuse can also include over- or under-medicating someone.

EMOTIONAL

Someone is bullying you, gaslighting you, coercing or manipulating you. You may feel anxious around them. You may question reality or your own sanity.

NEGLECT

Someone is not giving you or is blocking your access to necessities, such as medical aids, food, shelter, or medical appointments.

ISOLATION

Someone is socially isolating you or restricting you from friends, family, peers, social groups, or cultural or religious groups or services.

SEXUAL

Someone is forcing you into sexual activity, nudity, or watching porn. Someone is rough with private parts when caring for or bathing you.



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