

COST-OF-LIVING SAVINGS TIPS FOR SENIORS



Claim your
government
benefits



Take advantage
of concession
cards



Claim your
entitlements
and subsidies



Cut
forgotten
subscriptions



Create a meal
plan and a food
budget



Partake in free
hobbies and
social groups



Use Home Assist
Secure for home
repairs



Be aware of
scams and
financial abuse



Don't neglect
self-care or go
without necessities



1300 062 232



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