

## Our Services Include:

### Counselling:

- Relationship Counselling
- Gambling Help
- Rainbow Service (LGBT)
- Victims Counselling and Support Service
- Men and Family Relationships

### Separation:

- Family Dispute Resolution
- Supporting Children after Separation
- Children's Contact Service
- Parenting Orders Program
- Family Relationships Centre

### Support:

- Referral for Active Intervention
- Community Support Service
- Family Support Service

### Education:

- Courses
- Community Education
- Professional Training & Development

Not all services are available at all venues.

## About Us

At Relationships Australia we believe that healthy relationships are essential for the well-being of children, families, individuals and communities.

We are committed to social justice and inclusion, and respect the rights of all people, in all their diversity, to live with dignity and safety, and to enjoy healthy relationships.

These principles underpin our work.

Relationships Australia (Qld) works with you through services tailored to your needs at times of challenge and change in your life.

Relationships Australia®  
QUEENSLAND

1300 364 277  
[www.raq.org.au](http://www.raq.org.au)

Relationships Australia QLD  
ABN 38110 021 755

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## Family Support Service



Working with you to improve the safety  
and well-being of your family.

1300 364 277

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## Working with you to improve the safety and well-being of your family.

The aim of the Family Support Service is to strengthen the capacity of families to meet the challenges they face at different times in their lives.

The Family Support Service delivers a range of free services to families with children under the age of 18, to promote the safety and well-being of children and young people.

### These services include:

- General information.
- Advice and referral.
- Individual and family counselling.
- Parenting and household skill development through group education programs.
- Community education.
- Specialist advice and support to other child and family related organisations.



## What is Involved?

The service can be accessed through referral from government or non-government organisations. In some venues you can refer yourself. Please check with your local Relationships Australia (Qld) venue or call us on 1300 364 277 to see where this applies.

At your first appointment, the Family Support Worker will work with you to develop a support plan to meet the needs of your family.

This support plan may include services provided by the Family Support Service such as individual or family counselling, participation in group education programs and/or referral to a specialist service.

## Who is The Family Support Service for?

Parents and caregivers with children under 18 years of age who require support to increase the safety and well-being of their children and family.

## The Benefits

- Improve parenting skills.
- Develop coping skills for dealing with difficult family issues or crisis.
- Encourage children to attend and do their best at childcare and school.
- Better manage household duties, such as cooking, cleaning and budgeting.
- Improve self esteem and feel more confident as a parent or care-giver.
- Improve the relationships within your family.
- Access health and welfare services, including doctors, counsellors, drug and alcohol services, sexual health services and child health specialists.

